

After-hours & Emergency Resources

MENTAL HEALTH

EMPOWER ME

24-hour helpline for anyone in crisis and free general counselling for students enrolled in LSU Health & Dental Plan. 1.844.741.6389 (toll-free)

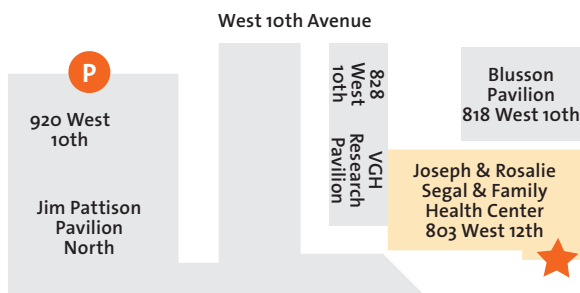
ACCESS & ASSESSMENT CENTRE (VGH)

Walk-ins accepted from 7:30 am–11:00 pm for acute mental health and addictions, suicidal thoughts, psychiatric crises, intake, and referral.

Located in Segal Family Health Centre

803 W 12th Ave. (First Floor)

604.675.3700



CRISIS LINES

BC Distress Services: 1.800.SUICIDE (1.800.784.2433)

Greater Vancouver: 604.872.3311

Burnaby/Surrey/Fraser Valley: 604.951.8855

Richmond (8:00 am–midnight): 604.279.7070

BC-Wide (TTY): 1.866.872.0113

CRISIS CENTRE ONLINE CHAT

12:00 pm–1:00 am

For Youth: www.YouthinBC.com

For Adults (19+): www.crisiscentreachat.ca

MEDICAL EMERGENCY

Fire, police & ambulance 911

VGH Emergency Department 920 W 10th Ave.

After-hours On-call Doctor* 604.522.2211

After 6:00 pm daily. 24-hours on weekends and holidays.

*Current Langara Health Services patients only (third-party service).

CAMPUS EMERGENCY

CALL LANGARA SECURITY 604.374.2373

Or use designated yellow Emergency Call Stations.

ABUSE AND ASSAULT

WOMEN AGAINST VIOLENCE AGAINST WOMEN

Support, advocacy, and referrals for female victims.

WAVAW 24-hour Crisis Line: 604.255.6344

1.877.392.7583 (toll-free)

VICTIMLINK

For all victims of violence, abuse, stalking and other crimes.

24-hour crisis support and information in 110 languages.

1.800.563.0808 (toll-free)

24-HOUR TRANSITION HOUSES

Up to 30 days of safe shelter for female victims of domestic violence.

Richmond: 604.270.4911

Burnaby (Dixon House): 604.298.3454

North Van (North Shore Crisis Services Society):

604.987.3374

Vancouver Rape Relief & Women's Shelter:

604.872.8212 – modified services available