

What kind of qualities do I have?

Below is a partial list of essential qualities every career seeker needs, regardless of the career field you are pursuing. Which qualities best describe you? Which least describe you? Which do you feel you would like to personally work towards? Take a few moments to reflect on how these qualities relate to you.

- Supportive
- Decisive
- Follow up
- Organized
- Ethical
- Confident
- Fair
- Honest
- Keep promises
- Has long term vision
- Sense of humour
- Successful attitude
- Even-tempered
- Works well with all kinds of people
- Able to manage stress
- Pays attention to detail
- Conscientious
- Ability to separate the trivial from the important
- Sets goals
- Respectful of differences

Qualities that describe me

1. _____

2. _____

3. _____

4. _____

5. _____

